

The following questionnaires are a series of questions which are designed to look at how you experienced having GBS. Some of the questionnaires need to be completed **twice**, once thinking back to how you felt during the first few days of the illness/ paralysis/ICU stay and the other, thinking about how you feel now.

The questionnaires are as follows:

1. **The Hospital Anxiety and Depression Scale (HADS):** this needs to be completed **twice**. Once thinking back to how you felt during the first few days of your illness and once thinking about how you feel now.
2. **The Illness Perception Scale (IPQ):** This needs to be completed **twice**. Once thinking back to how you first felt during the first few days of your illness and once thinking about your present situation.
3. **The Dissociative Experiences Scale (DES):** this needs to be completed **once**, thinking about how you have felt in the last week.
4. **The Impact of Events Scale (IES):** This needs to be completed **once**. Thinking about how you feel at present.

If you have any questions about the completion of these questionnaires then please do not hesitate to contact me.

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Many thanks for your time.